Health and Safety on the Job:

Every year about **70 teens die** from work related injuries in the United States. Another **70,000 get hurt** badly enough that they go to a hospital emergency room.

**HERE ARE THE FACTS YOU SHOULD KNOW:**

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**If you are under 18 you are not allowed to do the following on the job:**

- Drive a motor vehicle as a regular part of the job, or operate a forklift at any time
- Operate many types of powered equipment like a circular saw, box crusher, meat slicer, or bakery machine
- Work where there is exposure to radiation
- Work where explosives are manufactured or stored

**It is illegal for teens under 18 to work in the following areas:**

- Wrecking
- Demolition
- Excavation
- Roofing
- Mining
- Logging
- Sawmill
- Meat Packing
- Slaughtering

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**If you are 14 or 15 you are not allowed to do the following on the job:**

- Bake or cook (except at a serving counter).
- Operate power-driven machinery (except those which pose little hazard such as those used in offices)
- Work on a ladder or scaffold
- Work in warehouses
- Work in construction, manufacturing, or building
- Load or unload a truck, railroad car, or conveyor

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**Work Hours for 14 & 15 year old Teens**

(exceptions are made for those in work study programs)

**Work Hours:**

- Labor Day - June 1: 7AM - 7PM
- Not during school hours
- June 1- Labor Day: 7AM-9PM

**Maximum Work Hours during School:**

- Maximum of 18 hours per week
- 3 hours max on school days
- 8 hours a day on Sat., Sun., & holidays

**Maximum Work Hours when School is Out:**

- 40 Hours per week
- 8 Hours max per day

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**Teen safety responsibilities on the job include:**

- Follow all safety rules and instructions
- Use safety equipment and protective clothing when needed
- Look out for co-workers
- Keep work areas clean and neat
- Know what to do in an emergency
- Report any health and safety hazards to your supervisor

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For More information:

**Work Safety:** Visit the Department of Labor Web site at: [http://www.dol.gov](http://www.dol.gov) or call your local Wage and Hour office (located under Department of Labor in the blue pages of your telephone book)

**For Complaints about the following contact:**

- OSHA > about health and safety complaints
- Wage & Hour > to complain about wages, work hours, or illegal work by teens under 18 years old
- Equal Employment Opportunities Commission > for complaints about sexual harassment or discrimination

It is illegal for your employer to fire or punish you for reporting a workplace problem.

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This information provided by the National Institute for Occupational Safety and Health (NIOSH). For more information on specific workplace hazards contact NIOSH at 1-800-35-NIOSH or [http://www.cdc.gov/niosh/homepage.html](http://www.cdc.gov/niosh/homepage.html)