Career Quest

Join me as I discover my interests, favorite school subjects, family work history, and more!
I am a star at these 3 things:

I shine at these things because:
My Hobbies
<table>
<thead>
<tr>
<th>Day</th>
<th>Question</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>List a goal you have for this week. Write about why you chose this goal.</td>
</tr>
<tr>
<td>Tuesday</td>
<td>What are two things you can do today to work towards your goal?</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Did you accomplish your tasks yesterday? Why or why not? How do you feel about your progress?</td>
</tr>
<tr>
<td>Thursday</td>
<td>Describe another thing you can do today to help you reach your goal.</td>
</tr>
<tr>
<td>Friday</td>
<td>Give yourself a rating on the progress you have made on your goal, from 1 (no progress) to 5 (I’ve really done well).</td>
</tr>
<tr>
<td>Saturday</td>
<td>Describe how you feel about reaching your goal by tomorrow. What has helped you? What has been difficult for you?</td>
</tr>
<tr>
<td>Sunday</td>
<td>Did you reach your goal? If yes, how do you feel about your progress? If no, what other choices could you make to reach the goal next week?</td>
</tr>
</tbody>
</table>
In 15 years I will be:

_______ years old. I will be working at: ________________________________

______________________________________________

My job will be: ________________________________

______________________________________________

I will live: ________________________________

My education after high school will include: ________________________________

______________________________________________

My Future Goals Include:

______________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________
## School Rules!

**I am best at these skills:**
- Reading
- Spelling
- Adding
- Subtracting
- Multiplication
- Division
- Drawing
- Writing
- Computer Skills
- Listening
- Other: ________________

**My favorite school subjects:**
- English
- Science
- History
- Physical Education
- Health
- Math
- Art
- Music

**My favorite school activities are:**
I love to play!

My favorite sports and games are:
My favorite career cluster is:

My favorite career is:

Write a journal entry about why this career would be a good “fit” for you. Remember your interests, hobbies, and skills.

My career word for the day is:
Careers & Me
exploring and creating my future

Career cluster:
Name 2 careers in this cluster
1. 
2. 

For each career read about the description & education level.

Learn more by watching a career video.

Name a career you know nothing about.

What does someone with this career do?

What skills may be used in this career?

Name careers in this cluster that use the following school subjects:

Reading:
Math:
Science:
Computers:

Career cluster:
Name 2 careers in this cluster you would enjoy
1. 
2. 

Name 2 careers in this cluster you think you would not enjoy
1. 
2. 

Name 2 careers in this cluster you would enjoy
1. 
2. 

Name 2 careers in this cluster you think you would not enjoy
1. 
2.
Seasonal Jobs: Winter
Many jobs are year round. Some jobs are seasonal. Name or draw winter jobs.

Think of snow, skiing, & more!
Seasonal Jobs: Summer
Many jobs are year round. Some jobs are seasonal. Name or draw summer jobs.

Think of swimming, water, beaches, pools, camps, parks & more!
**Where I live!**

My address is: ________________________________

I live in a: ________________________________

I would describe where I live as: ________________________________

<table>
<thead>
<tr>
<th>Materials used to build where I live:</th>
<th>Some things I like about where I live are:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tools used:</td>
<td>Some things I would change about where I live are:</td>
</tr>
<tr>
<td>Names of jobs involved in building where I live:</td>
<td></td>
</tr>
</tbody>
</table>

Created by Virginia Career VIEW www.vacareerview.org  800-542-5870
Military Careers

Research careers in the military. Pick a military career and write about it below.

Military Career Title:

Career Duties: Education & Training Required:

I chose this military career to research because:

Source used for research:
Working with plants

Many jobs work with plants. Some of these jobs include those in retail & sales, agriculture, floral design, landscaping, and more! Draw or write about jobs you can think of that work with plants.
Career Quest
 Standards of Learning

Grade 4

English: 4.3, 4.5, 4.6, 4.7, 4.8
Health: 4.5, 4.6
Visual Arts: 4.1, 4.2, 4.3, 4.21

Career Development: EC7, EC8, EC9, EC10
Personal/Social Development: EP8, EP9

Computer Technology: C/T3-5.2, C/T3-5.4, C/T3-5.5, C/T3-5.6, C/T3-5.7

Grade 5

English: 5.6, 5.8, 5.9
Visual Arts: 45.1, 5.16, 5.24

Career Development: EC7, EC8, EC9, EC10
Personal/Social Development: EP8, EP9

Computer Technology: C/T3-5.2, C/T3-5.4, C/T3-5.5, C/T3-5.6, C/T3-5.7

Grade 6

English: 6.3, 6.5, 6.6, 6.7
Visual Arts: 6.9

Career Development: MC1, MC2, MC3, MC5, MC7, MC8
Personal/Social Development: MP2, MP4, MP7

Computer Technology: C/T 6-8.1, C/T 6-8.3, C/T 6-8.4, C/T 6-8.5, C/T 6-8.6, C/T 6-8.7, C/T 6-8.8