July Activities


July 1st: National Postal Worker Day. This day is to celebrate the men and women who help us send and receive our mail and packages. Learn more or try these coloring pages and craft ideas. Related Careers: Couriers and Messengers, Postal Service Mail Carriers, Postal Service Mail Sorters.

July 3rd: Stay Out of the Sun Day. Stay Out Of The Sun Day is about looking after yourself by taking a day away from the sun and finding some nice, relaxing shade – and if you are out and about, make sure you’ve got sun cream, plenty of water and some shade! Read these action steps for sun safety and explore games, activities, and coloring pages. Related Careers: Dermatologist, Skincare Specialist, Health Educators.

July 3rd: International Plastic Bag Free Day. The purpose of this day is to emphasize the alternatives to single-use plastic bags and the dangers they present to marine and land ecosystems. Read more at the Plastic Bag Free Day website. Try this earth-friendly craft, this activity for playing with recycled cups, and this fun activity for teaching kids to recycle. Explore this recycled arts & crafts guide and this recycling activity book. Related Careers: Environmental Scientists and Specialists, Biologists, Environmental Engineers.

July 4th: Independence Day. The Fourth of July commemorates the adoption of the Declaration of Independence on July 4, 1776, declaring U.S. independence from Great Britain. Learn more about Independence Day from TIME for kids. Check out these patriotic craft ideas: flag bunting, patriotic hand print, red white and blue garland, patriotic pinwheel, button flag, star wand, and tissue flag. Related Careers: Political Science Teachers, Lawyers, Court Clerks.
July Activities

July 14th: Bastille Day. Bastille Day commemorates modern France and French democracy. Bastille Day is a French holiday, but you can celebrate it, too. Learn more about France and Bastille Day and explore these fun activities! Related Careers: Historian, Command and Control Center Officers.


July 20th-26th: National Zookeeper Week. Celebrate your local zookeeper and all they do during National Zookeeper Week! Learn more about this celebration from the American Association of Zookeepers. Explore zoo crafts and activities from the San Diego Zoo and this children’s booklist about nature books. Related Careers: Zoologists and Wildlife Biologists, Nonfarm Animal Caretakers.

July 27th: National Parents Day. National Parents Day is a special day to honor your mother and father and celebrate the value and importance of good parenting. Learn more about this holiday and explore these eight ways to celebrate National Parents Day. Related Careers: Personal Care Aides, Nannies, Childcare Workers.

July 30th: Medicare’s 49th Birthday. Medicare is the U.S. social insurance program that provides health insurance coverage to people aged 65 and older and people with disabilities. Learn more about your body and health through http://kidshealth.org/kid/. Explore kid’s health games and activities from the Children’s Health Education Center. Related Careers: Family and General Practitioners, Health Educators, Healthcare Social Workers.

July 31st: World Ranger Day. World Ranger Day commemorates rangers killed or injured in the line of duty, and celebrates the work rangers do to protect the world’s natural and cultural treasures. Read more about World Ranger Day, become a WebRanger, and learn more about park rangers. Related Careers: Park Naturalists, Forest and Conservation Technicians.

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